



## Fish Oil, Iron, Folic Acid and Vitamin B12

- Contains lutein, zeaxanthin, beta carotene and coenzyme Q10
- Manufactured using cutting-edge liquid fill hard capsule technology

### Why should it be taken?

Fish oil contains omega-3 fatty acids, vital during pregnancy for foetal development

Iron helps support foetoplacental development and maternal adaptation to pregnancy

Folic acid (folate) is essential for the healthy growth of foetus

Vitamin B12 along with folic acid is required for normal cell division and differentiation, and myelination of the central nervous system

### How does it work?

Omega-3 fatty acids are necessary for the optimal development of brain and eyes. EPA and DHA are the most important omega-3 fatty acids. DHA is an indispensable component of all cell membranes and is incorporated in high concentrations in the membrane phospholipids of brain and retina.

Iron plays a key role in oxygen transportation by RBCs, energy production, growth and development, which are important during pregnancy.

Folate is required for DNA replication and for a range of enzymatic reactions involved in amino acid synthesis and vitamin metabolism.

Vitamin B12 is important for the synthesis and methylation of DNA and energy production of the cell. It has been reported that B12 may affect placentation and foetal growth.

### Supplement Facts

Each capsule contains  
Fish oil - 500 mg  
Folic acid - 0.2 mg  
Vitamin B12 - 0.001 mg  
Iron - 17 mg

### Packaging

Available in bulk packaged in HDPE bottles (60 capsules per container) Can be packaged in blister packs on request

### What are our services?

- Product Design
- Formulation & Development
- Packaging Design
- Stability Studies
- Regulatory Assistance
- Commercial Manufacturing

### What can we help you with?

- Expansion of your product portfolio
- Unique concept-to-counter solutions
- Off-the-shelf and customised products

### Who are we?

Vantage Nutrition is one of the first companies globally to offer unique solutions to nutraceutical brand owners seeking to introduce new products that allow them to expand their product portfolios and drive business growth. Our concept-to-counter service is a one-of-a-kind offering that meticulously focuses on consumer needs.

### Certificates



## Prenatal Health



**V-Fill™ technology**  
**pioneered by Vantage**  
**Nutrition is setting a new**  
**standard for nutritional**  
**ingredients in hard**  
**capsules. Delve into the**  
**world of possibilities with**  
**liquid-filled hard capsules...**



**Liquid in Capsule**



**Tablet in Liquid in Capsule**



**Capsule in Liquid in Capsule**



**Pellets in Liquid in Capsule**



**Pellets in Capsule in Liquid in Capsule**

